

## **Personal Trainer**

### Job Details:

- \$26 - \$30 per hour session and \$17 - \$20 per hour for admin and floor work
- Starting part-time at 20 hours per week and growing to full-time, depending on demand
- Shifts available between 6am and 7pm Monday through Friday and 9am to 4pm on Saturday. Hours can be flexible for the right candidate.

Steamboat Tennis & Athletic Club is looking for passionate, upbeat, and experienced Personal Trainers to join our team! As a Personal Trainer, you will support members in achieving their health and wellness goals through personalized programming.

### Expected duties in this position include but are not limited to:

- Coach members in private and small group exercise training sessions
- Develop personalized programming aligned with member goals
- Conduct introductory complimentary training sessions for new members and promote personal training and personal training packages
- Collaborate with the Fitness Director to create and implement 6-week personal training groups
- Monitor the training floor to ensure safety of members by advising proper form and equipment use, as well as conducting light cleaning as needed
- Manage personal schedule and coordinate with the Front Desk to gain new clients

### In order to excel in this position, you will need to have:

- Exceptional communication and customer service skills
- Ability to explain complex concepts in simple terms
- Upbeat, positive attitude and passion for people
- Strong health and fitness knowledge and athletic ability

- Sensitivity to clients' health and fitness needs and the ability to modify programming to meet a diverse range of fitness levels and abilities
- Familiarity with computers including word-processing programs and the ability to adapt quickly to digital management programs
- Organizational skills and the ability to manage time well
- Comfortability with sales and interest in growing the personal training department

Our ideal candidate will possess the following:

- A certification in Personal Training from NASM, ACE, ISSA, NCSF, or ACSM
- CPR/First Aid certification or willingness to obtain
- 2 or more years in personal training preferred
- A valid driver's license and reliable transportation
- A non-smoking lifestyle

We want all of our staff to feel valued as a part of the STAC family. As a member of our team, you will have the following benefits:

- Pro Single membership at Steamboat Tennis & Athletic Club
- Paid time off
- Paid training

Non-compete notice:

While Steamboat Tennis & Athletic Club does not adhere to a non-compete agreement with any of its employees, we do ask that you serve our members within our club only. If you provide similar services at other businesses, marketing these services to our membership base is strictly prohibited.

Ready to apply? Please email your resume, along with two professional or educational references, and a letter of interest to our Athletic Director Heather at [heather@staclife.com](mailto:heather@staclife.com).

About Us

Steamboat Tennis & Athletic Club is a state-of-the-art fitness center in Olympia, WA, located at 3505 Steamboat Island Rd NW. Our tennis club has been running for 6 years, and our gym opens this winter. The position will begin as soon as the gym opens, with paid training starting in early January. Our gym's amenities include: a strength training area, group fitness areas, a three-lane saltwater pool, locker rooms, a cafe, and a children's activity center. We have a welcoming team that is passionate about fitness and community.