

Group Fitness Instructor

Job Details:

- \$26 per hour class
- Part-time at 2-8 hours per week, depending on demand
- Group Fitness Classes start as early as 6am and as late as 7:30pm

Steamboat Tennis & Athletic Club is looking for passionate, upbeat, and experienced group fitness instructors to join our team! As a group fitness instructor, you will bring fun and excitement to exercise for our members by helping develop and support our group fitness department.

Expected duties in this position include but are not limited to:

- Greet and check in members upon arrival to class
- Create a safe and fun training environment for members by instructing throughout class, maintaining appropriate noise levels, and providing motivational feedback to members
- Assist in the development of STAC-branded group fitness classes in collaboration with the Fitness Director
- Complete necessary training to successfully teach and implement STAC-branded group fitness classes
- Follow agreed upon programming to create a synchronous member experience across group fitness classes
- Set up the studio prior to the start of class, including laying out necessary equipment and conducting light cleaning as needed

In order to excel in this position, you will need to have:

- Exceptional communication skills and comfortability with public speaking
- Upbeat, positive attitude and passion for people
- Strong fitness knowledge and athletic ability

- Sensitivity to clients' health and fitness needs and the ability to provide progressions and regressions for a diverse range of fitness levels and abilities
- Familiarity with computers including word-processing programs and the ability to adapt quickly to digital management programs
- Organizational skills and the ability to manage time well

Our ideal candidate will possess the following:

- A certification in Group Fitness OR in a specific Group Fitness class, including but not limited to: Zumba, TRX, yoga/pilates, aqua fitness, or cycling
- 1 or more years in group fitness instruction preferred
- CPR/First Aid certification or willingness to obtain
- A valid driver's license and reliable transportation
- Proof of COVID-19 vaccinations
- A non-smoking lifestyle

We want all of our staff to feel valued as a part of the STAC family. As a member of our team, you will have the following benefits:

- Plus Single membership at Steamboat Tennis & Athletic Club
- Paid time off
- Paid training

Non-compete notice:

While Steamboat Tennis & Athletic Club does not adhere to a non-compete agreement with any of its employees, we do ask that you serve our members within our club only. If you provide similar services at other businesses, marketing these services to our membership base is strictly prohibited.

Ready to apply? Please email your resume, along with two professional or educational references, and a letter of interest to our hiring manager Noelle at noelle@staclife.com.

About Us

Steamboat Tennis & Athletic Club is a state-of-the-art fitness center in Olympia, WA, located at 3505 Steamboat Island Rd NW. Our tennis club has been running for 6 years, and our gym opens this winter. The position will begin as soon as the gym opens, with paid training starting in early January. Our gym's amenities include: a strength training area, group fitness areas, a three-lane saltwater pool, locker rooms, a cafe, and a children's activity center. We have a welcoming team that is passionate about fitness and community.